

VENOUS SELF-ASSESSMENT

Patient Self-Assessment

Please take this self-assessment to see if you might be a candidate for additional screening for potential varicose veins and / or chronic venous insufficiency.

History

Have you ever had varicose veins? Yes No

Signs and Symptoms

Do you experience any of the following signs and symptoms in your legs or ankles?

Do you experience leg pain, aching or cramping? Yes No

Do you experience leg or ankle swelling, especially at the end of the day? Yes No

Do you feel "heaviness" in your legs? Yes No

Do you experience restless legs? Yes No

Do you have skin discoloration or texture changes? Yes No

Do you experience "itchiness" on your legs? Yes No

Risk Factors

Has anyone in your blood-related family ever had varicose veins or been diagnosed with venous reflux disease or chronic venous insufficiency? Yes No

Have you had any treatments or procedures for vein problems? Yes No

Do you stand for long periods of time, such as at work? Yes No

Self-Assessment Results

If you answered yes to one or more of the above questions, please contact us for a consultation to see if you may have for venous reflux disease.